

Primary Care

Dear New Patient:

Welcome to Southeastern Primary Care. We appreciate the opportunity to assist you in your health care needs. I would like to take this opportunity to introduce you to the practice. Southeastern Primary Care is dedicated to providing primary care to adults and adolescents. If you require admission to a hospital, a provider from our practice or another provider selected by your Primary Care Physician will attend to your care at North Florida Regional Medical Center. We also take care of our patients at Shands Rehab Hospital, and in several of the local sub-acute rehabilitation facilities, and long-term care nursing home facilities.

Our office is open Monday through Friday, from 8:00 am to 5:00 pm. The telephones are turned over to the answering service after 5:00 pm and on weekends and holidays. During emergency situations the answering service is able to contact the on-call health care provider. Please make every effort to make your calls during our routine office hours. During our routine office hours the staff will have access to your medical records to assist your calls. It is our focus to keep you as active as possible, and keep you out of the urgent care centers, emergency rooms, and hospitals. Except for obvious emergencies, please call us prior to visiting one of these facilities. We may be able to assist you over the phone, or have you seen in our office.

The physicians cannot be in all of our facilities at once, so Southeastern Primary Care utilizes the services of physician extenders. Physician extenders are Advanced Registered Nurse Practitioners (ARNP's) and Physician Assistants (PA's) certified by their respective boards and licensed by the state of Florida to provide health care under the supervision of a physician.

You are required to provide us with your up to date medical insurance information, and we will file your claim with the insurance company. However, deductibles and co-payments are required to be paid by you at the time of each visit to our office.

We always welcome comments from patients and their families about how we are doing. Both the good news and the bad news are helpful in evaluating our ability to meet your health care needs.

Wishing you the best of health,

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Larissa A. Lim, MD, FACP

Director of Primary Care



Southeastern Primary Care Medical History Form

ame:	Date:		
eason for Visit:			
1.			
nst Medical History (Check):	D: 1 .	II (D. 11	ci i
□ Asthma	□ Diabetes	☐ Heart Problems	□ Shingles
□ Anxiety	 Diverticulosis 	□ Hepatitis	□ Stroke
□ Blood Clots	□ Emphysema	-	•
□ Cancer	□ Glaucoma	☐ Kidney Problems	□ Ulcers
□ Depression	☐ Heart Attack	Prostate Problems	
Other:			
 □ Aneurysm Repair □ Appendix □ Breast Biopsy □ Cataracts Other: 	□ Gall Bladder□ Heart Surgery□ Hernia Repair	 □ Hysterectomy □ Mastectomy □ Neck / Back □ Prostate 	☐ Stomach
llergies:			
edications (List name and incl	ude dosage):		
1	5	9	
2	6	10.	
3	7	11.	
4	8	12	
outine Health (Date, if known)	:		
Pap Smear	Mammogram_	Colo	onoscopy
Tetanus Booster	Pneumovax		a Scan
Chicken Pox			

FAMILY HISTO	ORY AGE	MEDICAL PROBLEMS	CAUSE OF DEATH
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Children M	o F		
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PERSONAL HIST	ΓΩΡΥ.		
		Spouse	•
		ted) Grade College	
4. Tobacco U	se: Type:	Quantity per day:	For how long in years?
When did y	ou quit?		
5. Alcohol Us	se: Type:	Drink each day:	For how long in years?
	lividuals that live in		
Any pets in	your home?	Type:	
7. Whom sho	uld we contact in the	e event you develop a medical emergenc	y? (Give name, address, phone number
and relation	nship to you)		
9 How much	avaraisa da vou cat	(walking, jogging, bicycling, swimming	colf tannic other?
8. How much	exercise do you get	(warking, Jogging, bicyching, swimming	, gon, tellins, other?
Minimum e	each day?	Hours per wee	ek?
Moderate o	occupational and rec	reational exercise?	
Sedentary	work and light exerc	ise only?	
Signature:			Date:



Primary Care

Dear Patient:

The law of Florida recognizes the right of a competent adult to make an advance directive regarding instructions for his or her medical care. An adult can instruct his or her physician to provide, withhold, or withdraw life-prolonging procedures (using a Living W ill), or to designate another person to make those decisions for him or her if they are unable to (using a Designation of Health Care Surrogate form) should the adult be found incompetent and to be suffering from a terminal condition.

There is no requirement that our patients have an advance directive. The decision to have an advance directive is a personal one, and on that should be made after discussing this matter with one's family, friends, attorney, and/or spiritual advisor.

However, whether you do, or do not have an advance directive, we would like to document that fact in your medical record. If you do have an advance directive, we would like to keep a copy in your medical record.

Please contact your legal advisor if you need any further information.

Sincerely,

Larissa A Lim, MD, FACP

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Director of Primary Care



ADVANCED DIRECTIVES (FOR COMPLIANCE WITH THE PATIENT SELF-DETERMINATION ACT)

Have you executed an advanced directive? YES NO				
If YES, is this directive in the form of:				
A Living Will				
A Durable Power of Attorney				
A Health Care Surrogate				
If you have executed an advanced directive in any of the above formats, have you provided this office with a copy for your medical records?				
YES				
NO				
If you would like more information regarding advanced directives, please ask the nurse or the receptionist.				
I have been provided with the information regarding the PATIENT SELF DETERMINATION ACT				
Signature of Patient or Representative Date				



AFTER HOURS CARE

At SIMED Primary Care we make every effort to be available to meet your health care needs, whenever those needs develop. During the Monday through Friday business hours we encourage you to contact our offices should you develop a sudden health care need. Our integrated medical record system allows all of our Primary Care providers to have access to your medical records regardless of which SIMED Primary Care location you choose.

Your access to a clinician does not end at the end of our business day. At SIMED Primary Care you have access by telephone every minute of every day, 365 days a year. Just call your SIMED Primary Care physician's main clinic number and if our clinics are closed you will be directed to our answering service which has the ability to connect you with the on-call provider. Of course it is more convenient for all to deal with your routine health care issues during our normal clinic hours. If you are developing a health issue that should be dealt with that day, letting us know as early in the day as you can will enhance your ability to be worked in for an appointment. Also some of our Primary Care clinics offer weekly extended hour appointments into the late afternoon and evening.

Emergency rooms and urgent care centers are excellent places for emergent or urgent health care needs, however it is usually much more cost-effective for you to reach out to your Primary Care practice prior to going to these facilities. However if the need to for an after-hours rapid health evaluation develops we encourage if at all possible the use of urgent care centers. Save the emergency rooms for acute life-threatening situations. There are several urgent care centers to choose from and in an effort to minimize your out-of-pocket expenses we suggest facilities that do not charge a hospital facility fee. SIMED's First Care in Gainesville's 4343 W. Newberry Road location is one such independent urgent care center available for your needs.

